

Texas Mountaineers

Beginning Rock Climbing Class

Logistics and Training Meeting (part 1 of 2, FREE: choose one)

Mar 5, 2018 Mar 7, 2018

6:30pm – 9:00pm 6:30pm – 9:00pm

REI Fort Worth REI Dallas

5924 Convair Dr 5929 Northwest Hwy

Fort Worth, TX 76109 Dallas, TX 75231

Outdoor Class (part 2 of 2, \$125)

Mar 24 – Mar 25, 2018 (Group 1) Apr 14 – Apr 15, 2018 (Group 2)

Inclement weather dates: Apr 7-8, 2018 (Group 1) Apr 21-22, 2018 (Group 2)

Wichita Mountains Wildlife Refuge

32 Refuge Headquarters Indiahoma, OK 73552

\$125 outdoor course fee includes:

- One-year Texas Mountaineers membership
- How To Rock Climb (book) by John Long
- Basic Rock Craft instruction (classroom and hands on):
 - o Hands-on gear: carabiners, belay device, protection, slings
 - o Hands-on knots: water knot, figure eight retrace, fisherman's knot, autoblock
 - Safety systems, belaying, rappelling
 - Top roping and top rope anchors
 - o Climbing techniques: face, crack, dihedral, chimney







For questions or to register, email <u>classes@texasmountaineers.org</u>